

## ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

Richmond Fellowship is part of **Recovery Focus**, an expert group of charities with the shared aim of **inspiring recovery together**.



**Investors in Diversity**

**INVESTORS IN PEOPLE®**  
We invest in people Silver

## GET IN TOUCH

To find out more about the support we can provide and our referral process, contact us on:

**T:** 07341 880605

**E:** [surreyseasoniapt@richmondfellowship.org.uk](mailto:surreyseasoniapt@richmondfellowship.org.uk)

**A:** 4th Floor, The Meads Business Centre,  
19 Kingsmead, Farnborough GU14 7SR

**W:** [www.richmondfellowship.org.uk](http://www.richmondfellowship.org.uk)

Follow Richmond Fellowship at:

 /rfmentalhealth  @rfmentalhealth

Company Registration No. 662712  
Registered Charity No. 200453

Leaflet version: 03  
Due for review: Sept 2022

# HELP TO FIND OR STAY IN WORK

## NORTH EAST HAMPSHIRE EMPLOYMENT ADVISORS IN IAPT



## HOW WE CAN HELP

We can support people experiencing mental ill health on a one-to-one basis, providing confidential, impartial advice and guidance to help you to move forward.

If you're looking for support to gain employment, we offer a careers advice and guidance service that can help you with job applications, CV preparation, interview practice and support in identifying suitable job opportunities and throughout the job application process.

If you're looking for support to retain your current role, we can work with you and, if you consent, your employer, to make plans and find solutions that enable you to carry on in work or return to work if you have been off work due to ill health.

## WHO WE CAN HELP

Our service is available to anyone over the age of 18 who has mental ill health, including stress, anxiety and depression; is receiving support from TalkPlus, and is looking to start or retain employment.

Please speak to your TalkPlus Therapist or contact us using the details below to learn about our referral process.



## SUPPORT WE OFFER

If you're worried about the impact your mental ill health is having on your job or on your search for work, then we can provide help through the support of our Specialist Employment Advisors.

If you feel you need support in the following areas, we can help you to succeed.

**CV design / Job searching / Interview techniques / In-work advice and guidance / Employer Liaison Support / and much more**

## WHAT WE ACHIEVE

**90%** of people using our employment services moved into employment, training or further education or successfully retained their job.

**96%** of people we support said they would recommend us to friends and family

**96%** of the people we support said we'd helped to improve the quality of their life.

### At the heart of everything we do lies:

**Hope:** the belief that recovery is possible for every individual

**Respect:** valuing differences and all contributions

**Enabling:** giving people encouragement and support to achieve their goals

**Inclusion:** the belief that everyone has a right to participate fully in society