

ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

Richmond Fellowship is part of **Recovery Focus**, an expert group of charities with the shared aim of **inspiring recovery together**.



Investors in Diversity

Proud to be accredited investors in diversity

GET IN TOUCH

To find out more about the support we can provide and our referral process, visit our Advice and Information session at Horsham Library every Tuesday from 1:30pm-4:00pm, or contact us on:

T: 01403 241866

E: info@richmondfellowship.org.uk

A: 70 Park Street, Horsham, RH12 1BX

W: www.richmondfellowship.org.uk

Follow Richmond Fellowship at:

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HELPING YOU MAKE THE MOST OUT OF LIFE

HORSHAM

OUTREACH, PEER SUPPORT AND SUPPORTED HOUSING SERVICE



HOW WE CAN HELP

In Horsham we provide a range of support services for people with mental ill health to access in their local community, including outreach support, peer support and supported housing.

We're part of Pathfinder West Sussex. An alliance of organisations working together to enable people with mental health support needs, and their carers, to improve their mental health and wellbeing.

We provide a pathway of mental health recovery support so people can move freely between services to get well and stay well.

WHO WE CAN HELP

Our service is available to anyone over the age of 18.

OUR APPROACH

At the heart of everything we do lies:

Hope: the belief that recovery is possible for every individual

Respect: valuing differences and all contributions

Enabling: giving people encouragement and support to achieve their goals

Inclusion: the belief that everyone has a right to participate fully in society



SUPPORT WE OFFER

Peer Support

Enjoy being empowered through support from a worker with lived experience. Move along on your unique recovery journey and build strategies to live a full and independent life, explore your goals, talents and feel inspired with hope.

Our Peer Team can offer you one to one support with a Peer Worker and we also offer a range of groups which you can attend.

Outreach

We offer outreach support with an encouraging Recovery Worker who will work alongside you to identify and tackle your practical needs such as:

- Managing your mental health
- Trust and hope
- Identity and self-esteem
- Responsibilities
- Addictive behaviour
- Relationships
- Work
- Social networks
- Living skills
- Self-care.

We will tailor your support around your own needs and work with you towards achieving your goals.

Supported Housing

We have a supported living scheme for up to 8 residents in Horsham, with low to moderate needs.

Referrals have to come from your CPN or Lead Practitioner.