

ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

At the heart of everything we do lies:

Hope: the belief that recovery is possible for every individual

Respect: valuing differences and all contributions

Enabling: giving people encouragement and support to achieve their goals

Inclusion: the belief that everyone has a right to participate fully in society

Richmond Fellowship is part of **Recovery Focus**, a group of charities with the shared aim to inspire recovery together.

GET IN TOUCH

To find out more about the support we can provide and our referral process, contact us on:

T: 01737 771 282 / 01737 789 661
/ 07770 890 245

E: redhillcc@richmondfellowship.org.uk

A: Wingfield Centre, St Anne's Drive,
Redhill, Surrey, RH1 1AU

W: www.richmondfellowship.org.uk

Follow Richmond Fellowship at:

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HELPING
YOU MAKE THE
MOST OUT OF
LIFE

EAST SURREY
COMMUNITY CONNECTIONS

HOW WE CAN HELP

We are here to help improve the mental wellbeing of individuals living in East Surrey.

We offer:

- Advice and information about community activities and support regarding wellbeing
- Formal and informal peer support to families, groups and individuals
- Individual support planning and Community Connections service for individuals using the Recovery Star
- Access to Art Matters, Richmond Fellowship's community art studio in Redhill
- Access to a range of short wellbeing/personal development courses in the community such as confidence building and IT training
- Access to wellbeing groups.

WHO WE CAN HELP

Our service is available to anyone aged over 16 who lives in East Surrey who needs support with their mental health and wellbeing.

We cover the Borough of Tandridge and the majority of the Reigate and Banstead district Council. (We no longer support those living in Banstead and Tadworth areas).

You can contact us directly or we accept referrals from Community Mental Health Teams, GPs, or any other agency currently supporting you.



SUPPORT WE OFFER

Our Community Links Advisors will work with you on a one-to-one basis providing information, advice and guidance and informal short term support as required.

At your first appointment your advisor will discuss your interests with you and any goals that you have. They will then work with you to develop a Support Plan, using the Recovery Star approach to help you access community activities.

Your advisor will encourage you to take practical steps to reach the goals you set and will support you to overcome any barriers you may encounter.

We work in partnership with East Surrey YMCA, Reigate Stepping Stones and ESDAS and can also support you to access other agencies.

WHAT WE ACHIEVE

In our 2018 Service User Satisfaction Survey for East Surrey:

- **93%** of the people we support said they would recommend us to friends and family
- **80%** of people we support felt that we had helped improve the quality of their life
- **87%** felt we helped them reach their goals.

