

ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

Richmond Fellowship is part of **Recovery Focus**, a group of charities with the shared aim to inspire recovery together.

GET IN TOUCH

To find out more about the support we can provide and our referral process, contact us on:

Cambridge

T: 01223 301 032

E: info.cambs@richmondfellowship.org.uk

Huntingdon and Fenland

T: 01480 456 257

E: info.hunts&fens@richmondfellowship.org.uk

Peterborough

T: 01733 897 111

E: info.peterborough@richmondfellowship.org.uk

W: www.richmondfellowship.org.uk/cambsemploymentservice

Follow Richmond Fellowship at:

 [/rfmentalhealth](https://www.facebook.com/rfmentalhealth)  [@rfmentalhealth](https://twitter.com/rfmentalhealth)

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HELP TO FIND OR STAY IN WORK

AUTISM AND ASPERGER'S EMPLOYMENT SUPPORT IN CAMBRIDGESHIRE

**RICHMOND
FELLOWSHIP** 
MAKING RECOVERY REALITY

HOW WE CAN HELP

We offer 1:1 support for people living with Autism or Asperger's and mental ill health across Cambridgeshire.

We can support you to find new employment or support you to manage work place situations to retain your employment.

WHO WE CAN HELP

If you are aged 18 or above and living with mental ill health and have Autism or Asperger's please contact us to find out how we can support you.

SUPPORT WE OFFER

Our Employment Advisors based in Cambridge, Huntingdon, Peterborough, Fenland and East Cambridgeshire can support you on a 1:1 basis, providing confidential, impartial advice and guidance to help you to move forward and achieve your employment related goals.

Here are just some of the areas we can support you with:

- Targeted job searching
- Writing effective CV's, cover letters and online/paper applications
- Interview preparation
- Advice on how to disclose mental health history and any gaps in employment

- In work support including attending return to work and disciplinary meetings
- Supporting both you and your employer to facilitate a meaningful and sustainable return to work plan including addressing reasonable adjustments and occupational health recommendations to manage your mental health in work
- Provide ongoing on site support once you return to work

If you are currently in work and experiencing mental ill health or difficulties due to your Autism or Asperger's then we can support you and your employer to identify solutions that enable you to retain your employment.

We also offer outreach services countywide.

We can meet you in community settings such as libraries or GP surgeries to offer one-to-one support and advice in a venue you feel comfortable in.

OUR APPROACH

At the heart of everything we do lies:

Hope: the belief that recovery is possible for every individual

Respect: valuing differences and all contributions

Enabling: giving people encouragement and support to achieve their goals

Inclusion: the belief that everyone has a right to participate fully in society