

ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

Richmond Fellowship is part of **Recovery Focus**, a group of charities with the shared aim to inspire recovery together.



Investors in Diversity

Proud to be accredited investors in diversity

GET IN TOUCH

To find out more about the support we can provide, contact us at:

T: 0330 0083672

A: The Haven, Blanche Street, Preston, PR2 2RL

E: centrallancashirehaven@richmondfellowship.org.uk

F: www.facebook.com/RFHavenLancs

W: www.richmondfellowship.org.uk

If you require this information in a different language, please email communications@richmondfellowship.org.uk

જો તમને આ માહિતીની કોઈ અલગ ભાષામાં જરૂર હોય, તો કૃપા કરીને Communications@RichmondFellowship.org.uk ના ઈમેલ કરો

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**THERE FOR YOU
IN YOUR
TIME OF NEED**

**THE HAVEN
CENTRAL LANCASHIRE**

**RICHMOND
FELLOWSHIP** 
MAKING RECOVERY REALITY

HOW WE CAN HELP

The Haven is a welcoming and non-judgemental place for individuals struggling socially and emotionally with life challenges or who are in crisis. Our team of professionals and volunteers offer interactive one-to-one and group support. Our service is free to access.

WHO WE CAN HELP

Our services are available to people over the age of 16 who live in Preston, Chorley or South Ribble.

You may refer yourself to The Haven either by contacting the team by telephone in advance, or by visiting The Haven in person during our opening hours.

You may also be signposted to our service by a GP or other partner organisation.

At the heart of everything we do lies:

Hope: the belief that recovery is possible for every individual

Respect: valuing differences and all contributions

Enabling: giving people encouragement and support to achieve their goals

Inclusion: the belief that everyone has a right to participate fully in society

SUPPORT WE OFFER

- Staff available at any given time to welcome people at The Haven. Anyone who arrives will be met and assessed by a member of our team as quickly as possible
- Professional and specific individual advice in accessing appropriate help.
- Guidance and information on how to manage your mental health and develop coping mechanisms.
- Peer support from people who have been through similar experiences in talking through your issues and concerns.
- Access to other organisations to offer support with social crisis such as housing and benefits.

The service is open 11am-11pm Monday to Friday and from 12pm-11pm on weekends and bank holidays. Staff are available at any point during the opening hours.

