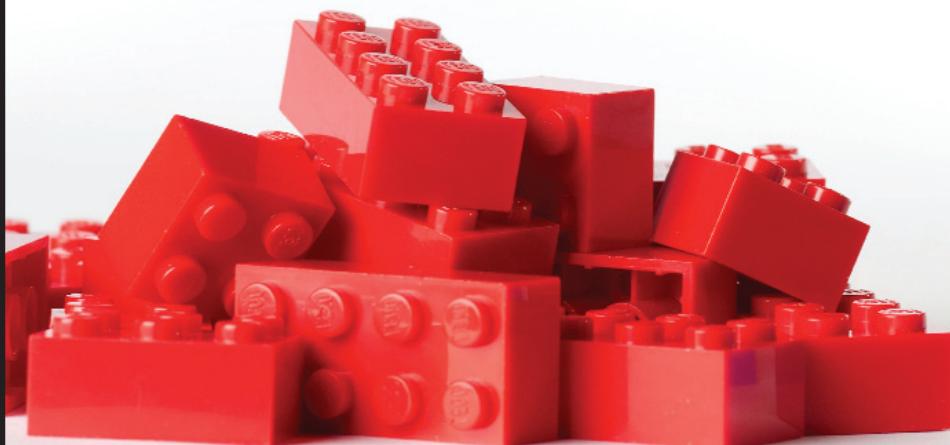


# EMPLOYMENT SUPPORT

"I don't feel like I'm hopeless anymore. Richmond Fellowship builds your self esteem and skills and makes you feel like you're employable again. They've opened so many doors for me and changed my life completely" RF service user



**RICHMOND  
FELLOWSHIP**  
MAKING RECOVERY REALITY

**Mental ill health is estimated to cost British business an estimated £26 billion every year, while it is thought one in three people of working age will experience anxiety, stress and depression.**

At Richmond Fellowship we've a long track record of working with individuals and with employers to manage mental wellbeing in the work place.

Our employment advisors focus on an individual's strengths and aspirations, focussing on what a person CAN do rather than what they can't.

Our person focussed approach gives individuals the confidence and skills to find sustained and rewarding employment through training them and continued support on the job.

## Key outcomes

- More than 80% of people supported by our employment services move on to paid work, volunteering, training or further education or successfully retain their job – that's around 2,500 individuals every year
- Research we carried out on our Knowsley scheme showed that for every £1 spent on the service, there was a return on investment of £13 through clients being in paid work – this didn't include the added benefit of reductions in benefit payments.

We currently run employment services in:  
Bedfordshire, Buckinghamshire, Cambridgeshire, Cheshire, Lancashire, Liverpool, London, North Tyneside, Somerset, Surrey, Wiltshire and Yorkshire.

## Our schemes include:

- Individualised action planning with advisors who have specific training in order to recognise and work with mental health problems
- A person-centred approach which identifies individuals' skills, values and interests
- Employment preparation courses, assertiveness training and help to develop IT skills
- Support in job searching, CV preparation, completing job applications, and preparing for interviews
- Advice on disclosure of mental health issues to employers and, where appropriate, we work with an individual and their employer to provide ongoing support in their work place.

## About Richmond Fellowship (RF)

Our mission is to **make recovery reality**. We've been championing recovery and social inclusion for more than 50 years and we're now one of the largest voluntary sector providers of mental health support across England.

We work with more than **9,000 people** every year across more than **120 localised services**.

## Contact US (to be filled out by services)

[www.richmondfellowship.org.uk](http://www.richmondfellowship.org.uk)  /rfmentalhealth  @rfmentalhealth