



COMMUNITY BASED SERVICES

“It helps you get a sense of purpose and wellbeing so that your day is structured. There’s a sense of hopefulness, achievement and you’re part of a community”

Andrew - RF service user

Our philosophy of inclusion and respect is core to our community based services. We promote mental health recovery through engagement and active community involvement. Through our work we actively challenge mental health stigma and overcome social isolation.

At Richmond Fellowship we've expertise in delivering effective community based programmes for people with mental health problems. We help individuals to build their confidence, develop social skills and find a sense of purpose and achievement.

Our varied programmes give people the freedom to express their creativity and help them establish lasting relationships and useful skills which support them to become active members of their community.

About **Richmond Fellowship (RF)**

Our mission is to **make recovery reality**. We've been championing recovery and social inclusion for more than 50 years and we're now one of the largest voluntary sector providers of mental health support across England.

We work with more than **9,000 people** every year across more than **120 localised services**.

Our schemes include:

- **Art workshops** – providing a safe space to express creativity and develop new skills
- **Horticultural projects** – promoting team work and learning vital skills through gardening
- **Time banking** – offering the chance to share knowledge and learn new skills in the community
- **Life links programmes** – helping individuals reach their aspirations through community based sessions and one to one support.

Key outcomes

- 72% of people using our floating support or community based services successfully completed their programmes with us and no longer needed our help
- Nearly 90% of people who use our services say we've helped to improve the quality of their life
- And 92% said they would recommend Richmond Fellowship to others.

We currently run community based services in: Berkshire, Cambridgeshire, Dorset, Essex, Greater Manchester, Kent, Lancashire, Leicestershire, London, Merseyside, Northumberland, Portsmouth, Staffordshire, Surrey, Sussex, Teesside, Wiltshire, Yorkshire

Contact us

Thomas Gillespie Assistant director of business development (south)
thomas.gillespie@richmondfellowship.org.uk 07775 111913

Mary Wishart Assistant director of business development (north)
mary.wishart@richmondfellowship.org.uk 07920 087611

www.richmondfellowship.org.uk